

International Body Psychotherapy Journal ***The Art and Science of Somatic Praxis***

Editorial Committee

FOUNDING EDITOR

Jacqueline A. Carleton

Jacqueline A. Carleton, Ph.D. has been on the Board of Directors of the USABP since 1998, and is the founding editor of the *USA Body Psychotherapy Journal*. She has practiced and taught both body psychotherapy and psychodynamic psychotherapy for over 35 years. Most recently, she has integrated Somatic Experiencing into her research, teaching, and private practice. She was educated at Smith College, MIT, and Columbia University.



EDITOR-IN-CHIEF

Asaf Rolef Ben-Shahar

Asaf Rolef Ben-Shahar, PhD is an Israeli psychotherapist, teacher and writer. He founded two post graduate relational body psychotherapy programmes (in Israel and the UK) and is regularly teaching worldwide. Asaf authored two books ([*A Therapeutic Anatomy*](#), Pardes 2013; [*Touching the Relational Edge*](#), Karnac 2014) and co-edited two: with Rachel Shalit [*When Hurt Remains - Relational Perspectives on Therapeutic Failure*](#) (Karnac, 2016), and with Liron Lipkies and Noa Oster [*Speaking of Bodies*](#) (Karnac, 2016). He is an editor for [*Self & Society*](#), [*Body Dance and Movement in Psychotherapy and Psychotherapy and Politics International*](#). Asaf is a father to two girls, a novice DJ, bird watcher and loves dancing and hiking.



EDITORIAL TEAM

Nancy Eichhorn

Nancy Elizabeth Eichhorn, PhD is a writer, editor, investigative journalist, and a credentialed educator with degrees in clinical psychology with a somatic psychology specialization, education and creative nonfiction writing. Nancy is the founding editor of [*Somatic Psychotherapy Today*](#) and a peer reviewer for several journals. She currently teaches writing and works as a writing coach, an editor and ghost writer. Her writing resume includes over 5,000 newspaper and magazine articles, chapters in professional anthologies, including [*When Hurt Remains: Relational Perspectives on Therapeutic Failure*](#), [*About Relational Body Psychotherapy*](#) and [*The Body in Relationship: Self-Other-Society*](#). She is an avid hiker, kayaker, and overall outdoor enthusiast. Nature is her place of solace and inner expression.



Debbie Cotton

Debbie Cotton MA, BHSc, ND works both as a relational body psychotherapist and a naturopath in London, UK. In her capacity as a relational body psychotherapist, Debbie employs her knowledge of physiology, touch, movement and the mind-body connection in her work, taking a holistic and relational stance with all of her clients. As a naturopath Debbie has both a scientific and eclectic interest in nutrition and herbs, and how they impact on our mental and physical health. She frequently lectures, writes training material, clinically supervises students both in nutritional and herbal medicine and organizes CPD in relational body psychotherapy. If she isn't working, you will probably find her foraging, drinking cups of tea or cooking up some strange concoctions in the kitchen to trial on an unsuspecting victim.



Shamit Kadosh

Shamit Kadosh, MD is a family physician and a practicing body- mind psychotherapist in Israel. She has been teaching family practice residents and medical students for the past ten years in Faculty of health Sciences at Ben Gurion University and in Faculty of Medicine at Bar Ilan University. She headed a training program for residents in family medicine in the Department of Family Medicine in North Israel. Additionally, she is a lecturer in the body-mind psychotherapy program in Shiluv Institute, Haifa University. She is experienced in integrating scientific and clinical writing.



MANAGING EDITOR

Jill van der Aa

EABP Board of directors, General Secretary/Vice President

Jill van der Aa BA, Dip. Ed. worked as the EABP Secretariat from 2001- 2010 and organized the EABP Congresses at Egmond aan Zee (2001) and Askov (2006). She has a background as a teacher, actress and theatre director, organizer of seminars and trainings. Now retired after practicing as a body psychotherapist she is serving on the Board of Directors and is a member of various committees.



COMMITTEE MEMBERS

EABP President

[Lidy Evertsen](#)

Lidy Evertsen has served on the EABP board since 2008, first as representative for the FORUM of Body Psychotherapy Organisations, then as General Secretary and interim Treasurer. Since October 2011 she has been the President of the EABP. Lidy is a Unitive and Bodydynamic practitioner and a Bodydynamic trauma therapist in her private practice in Amsterdam. Besides she is manager and trainer for Bodydynamic International also in Amsterdam. Lidy has a special interest in working with clients with PTSD and in working with dissociated personality parts. Other special themes are relational therapy and contact. <http://www.bodydynamic.nl>



USABP President

[Beth Haessig](#)

Beth Haessig, PsyD President of the United States Association for Body Psychotherapy is a licensed psychologist, body-centered psychotherapist, school psychologist and a Kripalu-certified yoga teacher. She works in schools, in a Newark hospital and has a private practice in Denville, NJ. She specializes in trauma, anxiety/ depression, eating issues and school psychology. Her doctorate is from Rutgers Graduate School of Applied and Professional Psychology, a Masters from Montclair University and an undergraduate degree from Tufts University. Beyond her doctorate she received five years of training from NY Core Energetic Institute and a 1-year post-graduate with Radical Aliveness/Core Energetics in Mexico.



[Fabio Carbonari](#)

Fabio Carbonari, PhD is a psychologist psychotherapist living in Rome. In 1997 he co-founded the Reich Institute, which he currently directs. His specialty is working with individuals, couples and the family and is dedicated to the early prevention of psychosomatic disorders and health promotion, through giving courses about birth, parental support, Bioenergetic Dolce Neonatal massage courses, as well as seminars and meetings for parents. His courses for psychotherapists are recognized by the Ministry of Education; he gives training in the Reichian method to psychotherapists and training and refresher courses to doctors, midwives and psychologists on themes of psychosomatic aspects of primary relationships and prevention. Fabio speaks regularly at Italian and European conferences. He has published several articles including the essay *The Psychoanalysis of the Body* for Spartacus books. In 2015 his book *Reichian Body Psychotherapy* was published for Italian Academic Editions. He is past President of the Italian Body Psychotherapy AIPC and for many years has represented the AIPC in the EABP COUNCIL of National Associations.



EABP ETHICS COMMITTEE

Michael C. Heller

Michael C. Heller, Ph.D. has served in the EABP as Vice President, Chairman of the Ethical and Scientific committees, and member of its board from 1995 to 2001. He is presently honorary member of the EABP and is a member of its ethics committee. Since 1976, he has followed a double career in body psychotherapy, and in experimental studies of nonverbal communication. From 1988 to 1999, he was head of the Laboratory of Affects & Communication (LAC) in the Geneva University Psychiatric Institutions. He is psychotherapist, supervisor, trainer, a member of the editing teams for several journals, gives conferences and publishes articles and books. His most recent work is *Body Psychotherapy: History, Concepts, and Methods* (W.W. Norton). He trained in Piagetian developmental and cognitive psychology in Geneva, where he was also trained in Biodynamic Psychology by Gerda Boyesen and her team. <http://www.aqualide.ch/>



Elizabeth Marshall

Elizabeth Marshall, originally from England, now lives and works in Berlin, Germany. She originally studied Economics at Leeds University, but broke off her studies to travel overland to India, the so called "Morgenlandfahrt". After a nomadic existence she became a student of Zen Master Taisen Deshimaru Roshi in Paris and practiced Zazen intensively for 10 years. During this time she trained as a nurse and also as a Shiatsu Practitioner. Later she trained in Primal Integration Therapy and subsequently in Body Psychotherapy with Malcolm and Katherine Brown (Organismic Psychotherapy). She has been a registered Healing Practitioner in private practice for Body Psychotherapy and Couples Therapy for over 20 years. Special interests are the different forms of massage and energy work transpersonal psychology and psychotherapy, couples and sexual therapy. Meditation has always been an important part of daily life. She is a member for the EABP Ethics Committee and has published interviews in the EABP Newsletter. <http://www.praxis-am-engelbecken.de>



Thomas Harms

Thomas Harms is a psychologist and body psychotherapist living near Bremen, German and working in the field of prevention with parents and babies. In 1993 he established the first 'crying ambulance' in Berlin and since 1997 he has been teaching with the Center for Primary Prevention (ZEPP). He published the book *Auf die Welt gekommen Die neuen Babytherpien* (Leutner-Verlag, 2000). In 2008 his book came out *Emotionelle Erste Hilfe – Bindungsförderung und Krisenintervention für Eltern und Babys nach der Geburt*. Thomas has been a member of the Board of DGK – the German Body Psychotherapy Association - for some years.



Jennifer Frank Tantia

Jennifer Frank Tantia, PhD is a Dance/movement Therapist and body psychotherapist in New York City. She serves as a research advisor at Pratt Institute and teaches developmental and somatic psychology at Adelphi University. She is the former education chair of the NY state chapter of the American Dance Therapy Association, and currently serves as the Research Chair for the USABP. Jennifer works in private practice and leads Authentic Movement groups. She recently completed her PhD in Somatic Psychology at the Chicago School of Professional Psychology. Her research in Authentic Movement and the Autonomic Nervous System has been presented in the US and Europe.



Christina Bader-Johansson

Christina Bader-Johansson, MSc, is a psychotherapist (ASP), body psychotherapist (EABP) and past president of the Swiss National Association of the EABP (CH-EABP). She is the author of *Movement and Interaction* (Studentlitteratur 2012), which is currently only available in Swedish.



PRODUCTION TEAM

Copy Editor

Yael Shahar

Yael Shahar is a relational body psychotherapist, practicing in Israel, where she currently lives. She completed her core training at the London school of Biodynamic Psychotherapy (LSBP) and continued post-graduate training in Relational Body Psychotherapy (IMT). She further trained in attachment psychotherapy and Reciprocal Play Therapy (Mifne Centre) for early intervention with infants and young children on the autistic spectrum. Yael is co-writing a book called '*Sharing a Body*'- *Working with Dissociative Identity Disorder from a Relational Body Psychotherapy Perspective*, with Asaf Rolef Ben-Shahar, to be published by Karnac in 2017.

