

The United States Association for Body Psychotherapy

Biennial Conference

A Somatic Revolution

The New Generation

A revolution, personal or cultural, is the turnaround of a predominant way of thinking or doing to improve a situation or better oneself. Throughout the Americas, there has been an enduring commitment to revolutionize the systems of power in institutional and personal lives, leading to a recommitment to the humanistic spirit. For somatic psychotherapy in the United States, this means an insistence on a more inclusive somatics that is radically open to change.

As a field, somatic psychotherapy has faced tremendous challenges – in particular, we were challenged to develop our evidence base, which has resulted in our research being included in leading peer-reviewed journals.

Currently, the rise of *affectivism* – the explanatory power of our bodies, emotions, feelings, motivations, moods, and affective processes – has ushered in a new era of advances. However, it has also attracted the therapeutic marketplace which is co-opting somatic embodiment, mining our mind-body therapies to appropriate our techniques for effective change. We now see long-established somatic psychotherapy approaches woven into systems that until recently ignored the body. This challenge to our long-standing traditions requires a creative stewardship that will keep our composite body of knowledge whole, and our openness to change moving us ahead into therapeutic innovations and leadership.

Call for Submissions

We welcome a diversity of perspectives and new voices with solutions to the call towards advancing our healing potential. Papers should address one of two formats:

1. **Theoretical Seminars** highlighting how we integrate historical wisdom and contemporary research. Suggested topics include but are not limited to:

- Advances in somatic psychotherapy technique
- Preservation of historical somatic lineages
- Somatic, social, and ecological justice
- Integration of the social and clinical

2. **Experiential Workshops** that focus on clinical demonstrations. Suggested topics include but are not limited to:

- Group somatic practice
- Repair of the body-mind connection
- Reconnecting body, mind, & the sacred
- Intergenerational transmission of somatic patterns
- Post-traumatic growth

Poster Presentations that highlight emerging research in somatic psychotherapy

Papers should include a biography, abstract, and not exceed 800 words. *Submit by March 1st to admin@usabp.org*



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May 18–21, 2023

California Institute of Integral Studies

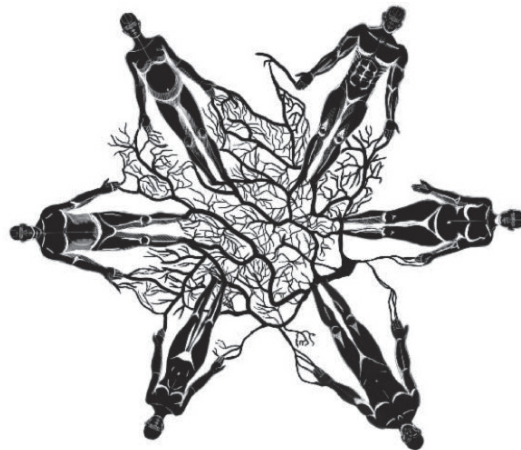
San Francisco, California

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Jessica Benjamin

Opening Keynote

Don Hanlon Johnson

Lifetime Achievement Award

Bonnie Bainbridge Cohen

Pioneer Award Recipient

For the conference agenda visit our website usabp.org