



Cum-Tactum
Studio Clinico di
Psicologia Funzionale

Contact Techniques As Tools Of The Therapeutic Relationship

Florence, Italy • September 14-15, 2019

Modern Functionalism, takes into consideration psychophysiological studies, psychotherapies that work with the body, as well as the most recent contributions of neuroscience, psycho-neuro-endocrine-immunology, and neonatal research.

In **Functional Psychology**, developed by Luciano Rispoli, Basic Experiences of the Self (BES) are necessary for the whole, integrated development of the Self. Contact is that Experience that expresses mutual touch. It includes the pleasure of mutual closeness, feeling there is someone with us, that this someone makes no demands, that there is no obligation to do for the other, to give or do anything. All this promotes the creation of a *we*. In addition to Contact, there are experiences of Receptive Contact and Active Contact. In these cases, we lose the symmetry of the relationship and pay attention to the processes that happen within the person who receives, and within the person who gives.

This workshop will offer a sequence of Functional Psychology techniques that cover Contact BES and include attention to various types of touch.

WHO: Luciano Sabella and Enrica Pedrelli, PhD, Trainers and Supervisor SEF

WHERE: viale Eleonora Duse, 12 - Florence, Italy

WHEN: September 14-15, 2019

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