

Call For Papers

Fall ■ Winter 2023–2024

Emotion and the Body

There has been a recent revolution in the understanding of the role of the body in the generation of emotion and its processing in cognitive and affective neurosciences. There is now substantial evidence that emotion is more of a determinant of cognition and behavior than it was earlier held; and that embodiment of emotion, by enhancing the processing of emotion and cognition in the brain, can improve somatic, energetic, emotional, cognitive, and behavioral outcomes, potentially in all therapy modalities.

Guest Editor ■ Raja Selvam PhD

Raja is a licensed clinical psychologist, a senior trainer in Peter Levine's Somatic Experiencing (SE) professional trauma trainings, the developer of Integral Somatic Psychology (ISP), and the author of the book *Embodying Emotion: A guide for Improving Cognitive, Emotional, and Behavioral Outcomes*.

Suggested paper topics should include but are not limited to:

- The role of the body in generation, expression, processing, regulation, and defense of emotion.
- Innovative methods for working with emotions in general through the body, with clinical examples.
- Innovative approaches for understanding and working with intense and highly dysregulated emotions of trauma through the body, with clinical examples.
- Innovative approaches for understanding and working with emotions in children through the body, with clinical examples.
- Innovative approaches for understanding and working with emotions from collective, inter-generational, and identity traumas, of race, ethnicity, religion, gender, and sexual orientation, with clinical examples.

Papers should be submitted by September 30th 2023

submissions@ibpj.org

