

Call For Papers

Fall ■ Winter 2022-2023

War Trauma

Working with the effects of chronic conflict, warfare, and persecution

There is no justification for war and persecution – no matter how justifiable each side’s arguments might seem, and wherever it may happen on the planet. How can body psychotherapy and somatic psychology help overcome and heal the mental distress, PTSD, syndromes, anxiety, depression, and hopelessness that result from chronic conflict, warfare, and persecution?

Guest Editor ■ Christina Bogdanova MA

Christina is a Neo-Reichian analytical body psychotherapist with an academic background that includes a BA in Journalism and Mass Communications and a MA in Psychology and Psychopathology of Development. She has a private practice in Sofia, Bulgaria – individual and group, as well as she is a trainer at the Bulgarian Institute of Neo-Reichian analytical body psychotherapy. Currently, she is specializing in Somatic Experiencing and Somatic Trauma Therapy.

Suggested paper topics should include but are not limited to:

- How exposure to severe war-related trauma, both in conflict or post-conflict settings, impact mental health, interpersonal and social functioning among the different parties involved – soldiers from either side, civilians, and refugees.
- The consequences of war-related trauma on intrapersonal and interpersonal levels in the short and long-run. What might be working strategies for coping from the realm of body psychotherapy and social psychology?
- Multicultural aspects in working with refugees. Ethical aspects in working with soldiers.
- Helping parents help their children. The prevention and healing of trauma in children affected by war.
- Transgenerational trauma – how war and severe conflicts today will affect the next generation. How can we work in support of alleviating, bringing resilience, and healing the transmission of transgenerational war trauma?

Papers should be submitted by September 30th 2022

submissions@ibpj.org

