

From Our Readers

Dear Colleagues,

Congratulations on the current issue of the IBPJ.

I had a bittersweet feeling about the article Body Psychotherapy in Brazil, which seemed biased, and to me, gave the impression that this is all there is and has been. It is well written and creative, and I congratulate Rubens for it, but I felt disappointed with the scope of its representation of body psychotherapy in Brazil.

Please note certain inaccuracies. Pethő Sándor published a modest book about body psychotherapy in 1974 (second ed. 1982), prior to the date Rubens claimed to have published “the first book about body psychotherapy” in Brazil. Most importantly, Calatonia is an authentic Brazilian method, and Sándor made sure to give credit to the Brazilian professionals who embraced his method as the co-developers of its clinical applications, even though one of the techniques was created during WWII in the refugee camps – I dare say possibly the first technique born from war trauma to treat war trauma.

I also wish to speak for other approaches that have been created in Brazil since the 70s, which shaped the beginning of body psychotherapy in many ways – particularly methods derived from drama and dance, which have been practiced since then, many in the context of group therapy. In particular, innovators with their own methods, such as Maria Fux (Dançaterapia), Angel and Klaus Vianna (Terapia através do movimento [TAM]), and Ivaldo Bertazzo (Reeducação do Movimento), are all part of the remarkable history of body psychotherapy in Brazil.

Anita Ribeiro Blanchard



I was very pleased to receive a hard copy of the *Journal* today. It looks great; well done on this. The content shows the breadth and depth of body psychotherapy and somatic psychotherapy.

Carmen Joanne Ablack
President, EABP



I finally got a chance to skim the issue tonight. All I can say is WOW! What an incredible resource for our field! I hope you are all three incredibly proud of the tremendous efforts put forth to compile the scholarship, insights, and contributions from so many into an incredible volume.

Chris Walling
Past President, USABP



Dear Wonderful Ladies,

Yesterday, your wonderful issue of the *Journal* arrived. I wept some tears of thanks. It seems to me, looking in from the outside, that the IBPJ is playing an important role in combining the efforts of the two Associations, as well as playing a part in supporting the development of content.

And when I look at the beautiful copy of the last edition, the tree with all its green leaves seems a good symbol for future cooperation.

What I am most grateful for is that the spirit of the two Associations is beautifully presented. I was a little fearful that the *Journal* would become so “scientific and triply peer reviewed” that the spirit would disappear.

So, I must get back to my reading. And my weeping of thankful tears! And commune with the spirits.

Jill van der Aa
Past IBPJ Managing Editor



First, I wanted to thank you for all your assistance in getting my article published in the current issue of the *IBPJ*.

Second, Madlen, I was touched by your piece on *Everything Has Meaning*. Aside from expressing some basic truths about what it means to be human compassionate beings, I loved the message of hope and growth and moving forward in a new way. I plan to share this with some people I know.

Alan Fogel



I have just received the hard copy of the current journal. It is Beautiful!!! Thank you so very much for all your work! and I LOVE the cover!!! It is almost so tactile. Congratulations and Thank You!

Judyth O. Weaver



Congratulations and thank you for the enormous work done! This is a big step in the development of a perfect product and the best business card for body psychotherapy and our associations that we can have.

Vladimir Pozharashki
EABP Treasurer