

BODY PSYCHOTHERAPY SCIENCE AND RESEARCH

Trauma Research and Body Psychotherapy

Herbert Grassmann

New study conducted by Stephen W. Porges, PhD of the Kinsey Institute Traumatic Stress Research Consortium in cooperation with the EABP Science and Research Committee

The EABP Science and Research Committee (SRC) is partnering with researchers from Indiana University on a study of body psychotherapy practitioners, their personal histories, current stressors, and health.

In Europe, the study is being conducted by Jacek Kolacz, PhD and Stephen W. Porges, PhD of the Kinsey Institute Traumatic Stress Research Consortium (TSRC) in collaboration with Herbert Grassmann, PhD and Biljana Joki, PhD of the EABP SRC. In the United States, USABP collaboration is under the direction of Dr. Christopher Walling and the TSRC Advisory Board. The research is financially supported by the EABP; the Traumatic Stress Research Consortium is funded by gifts from the USABP and its donors.

All body-oriented psychotherapists/practitioners are invited to take part in the survey.

The study will help better understand how body psychotherapy is applied. It will include research among psychotherapists from other modalities in order to develop a clearer understanding of body psychotherapy practices and their application. By examining body-oriented approaches and comparing them to other approaches, the study will promote body psychotherapy and increase its visibility to broader audiences.

The aim is to broaden the knowledge of embodied approaches to trauma therapy by connecting clinical practice and research communities. Together we will explore how a collaborative practice research network can transform perceptions of trauma research, strengthen connections among members, and encourage ongoing development and co-creation among participants.

This important initiative is an opportunity to make a significant difference within our profession and to develop—together—the foundations of scientific and clinical research.

The results of this survey will be presented at the next EABP Congress in Bologna in 2020. To reach a wider audience, the publication of a paper in a scientific journal is also planned.

To participate in this exciting **Collaborative Practice Research Network**, please contact us: **EABP:** info@dr-grassmann.de, **USABP:** drchris@somapsychology.com



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