

In This Issue...

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we open the issue with Madlen's **interview** with her Italian colleague Genovino Ferri, Director of the Italian School of Reichian Analysis (SIAR) and President of the Italian Body Psychotherapy Association (AIPC). He talks about his path from psychiatrist to body psychotherapist, about his contributions to our understanding of bodily language, and about the future of body psychotherapy. We partner this interview with a fascinating discussion between Professor Ferri and Dr. Porges. This deep and educational exchange between two colleagues and friends took place during the plenary closure of the 17th virtual EABP congress this past September. We offer you the full transcript of this exceptional public conversation between two expert masters in our field.

In the **Research** section, Yasuyo Kamikura and Hirohito Mashiko share their work on quantifying the integration of the sense of harmony between body and mind and its potential uses. We then delve into research conducted by David deBardelaben-Phillips on developing authenticity in the LGBTQ+ community. This research project focuses on the impact of Core Energetics group psychotherapy on authenticity outcomes for LGBTQ+ participants who are continually challenged by the fear of judgment and lack of safety perpetuated by homophobia.

Our **Practice** section includes two articles. Anchored in the work of Allan Schore, Lisa Mortimore offers a conceptual integration of theory-informed right brain (RB) to RB, body-to-body, somatic and relational practice as it interfaces with affect regulation theory and attachment repair. Nicholas Brink chronicles an interesting phenomenon – the usefulness and effectiveness of shamanic body postures for physical, emotional, behavioral, and spiritual healing.

Our professional experience teaches us how the profound link with our ancestors influences our lives. In **Trauma Work**, Michelle Rosenthal explores the implicit nature of transgenerational trauma transmission, and posits that body psychotherapy is uniquely positioned to help clients work with the challenges related to this type of trauma.

In **Interdisciplinary Approaches**, Stephanie Scarminach demonstrates how the addition of somatic trauma tools to the practice of Family Constellations could significantly increase the safety of the model. She illustrates how this approach could benefit from somatic interventions that support facilitators to create a stronger therapeutic container, better track participant regulation, and help close sessions in a way that diminishes potential harm to participants.

In our travels with **Body Psychotherapy Around the World**, we visit Hungary. Márton Szemerey traces the development of body psychotherapy, which emerged out of a repressive political environment, and since the 1990s, has evolved over three decades into the training model currently applied at the Hungarian Institute for Body Psychotherapy.

We have partnered with the Wilhelm Reich Museum – in Rangeley, Maine, to bring you a new feature titled **Getting to Know Wilhelm Reich**. Board of Director David Silver introduces us to Orgonon, Wilhelm Reich's home, laboratory, and research center. Operating with the stated mission of keeping Reich's legacy alive, the museum recently retrieved Reich's archives which were stored at Harvard University, and we have invited them, over future issues, to keep us abreast of their discoveries as they explore the archives. This issue's introduction, covers, in broad strokes, the relevance of the work of Wilhelm Reich to the field of body psychotherapy and somatic psychology today. In future issues, we will present specific aspects of Reich's work which we hope will enrich your understanding of the importance of his contribution.

Two useful and interesting books are presented in **Book Reviews**. Our colleague and Managing Editor Antigone Oreopoulou reviews Babette Rothschild's *Revolutionizing Trauma Treatment*. The publisher, W.W. Norton, is offering readers a special time-limited discount on all of Rothschild's books. With a brilliant sense of humor, our dear Jill van der Aa-Shand has fashioned an original presentation of *How to be a Bad Therapist* by Nick Totton and Allison Priestman.

For the first time, we present a **Film Review**, *The Wisdom of Trauma* with Gabor Maté. Alexandra Algafari gives us an emotional account of her experience at the film's première in Sofia, hometown of Zaya Benazzo, the film's co-director.

In this issue, we are also adding an **In Memoriam** rubric to honor the contributions of pioneers who have advanced and transformed our field. It is with great sadness that, following the *Tribute to David Boadella* published in our last issue, we now convey the sad news of his death on the 19th of November 2021. His wife, Sylvia Boadella, sent us his last words and poem expressing his immense gratitude for the richness of his life. David's last words are accompanied by a farewell by Lily Anagnostopoulou. Equally touching, Rick Lepore remembers his journey under the tutelage of the great dance innovator Anna Halprin, who passed away this year at the age of one hundred.

Our shared professional path starts with Reich, and so for our **cover image**, we chose the symbol of the path. This image illustrates an important factor highlighted by Porges and Ferri in their discussion – the fact that our bodies and minds bear the mark of evolutionary time, and that on our human journey through time, we are at a critical juncture in the growth of our consciousness.

The path is always here. Time may be infinite, but our personal time is not. Where are you on your inner path? And what time is it inside you?

Enjoy reading!