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The *Journal's* mission is to support, promote and stimulate the exchange of ideas, scholarship, and research within the field of body psychotherapy and somatic psychology as well as to encourage an interdisciplinary exchange with related fields of clinical theory and practice through ongoing discussion.

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The Editors are eager to receive letters, particularly communications commenting on and debating articles already published in the *Journal*, but also suggestions and requests for additional features. A selection of letters received will be published in the next issue of the *Journal*.

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The *Journal's* mission is to support, promote and stimulate the exchange of ideas, scholarship, and research within the field of body psychotherapy and somatic psychology, as well as to encourage an interdisciplinary exchange with related fields of clinical theory and practice.

First consideration will be given to articles of original theory, qualitative and quantitative research, experiential data, case studies, as well as comparative and secondary analyses and literature reviews.

Authors must certify that any material presented to the *International Body Psychotherapy Journal* is original unpublished work not under consideration for publication elsewhere.

Our editors and reviewers will read each article with the following questions in mind:

- Does material in this manuscript inform the field and add to the body of knowledge?
- If it is a description of what we already know, is there some unique nugget or gem the reader can store away or hold onto?
- If it is a case study, is there a balance among the elements, i.e., background information, description and rationale for chosen interventions, and outcomes that add to our body of knowledge?
- If it is a reflective piece, does it tie together elements in the field to create a new perspective?
- Given that the field does not easily lend itself to controlled studies and statistics, if the manuscript submitted presents such, is the analysis forced or is it something other than it purports to be?

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