# INTERNATIONAL BODY PSYCHOTHERAPY JOURNAL

### The Art and Science of Somatic Praxis

Published by the European & United States Associations for Body Psychotherapy & Somatic Psychology

Volume 20 ■ Number 1 ■ Spring/Summer 2021

### **EDITORIAL**

4 The World Has Changed!

Madlen Algafari, Aline LaPierre, Antigone Oreopoulou, Christina Bogdanova

### FROM OUR READERS

7 Letters and Feedback

### **HOMAGE TO DAVID BOADELLA**

8 Immersion in Deep Waters: A Conversation with David Boadella
Lily Anagnospoulou

11 On Writing Poetry

David Boadella

12 When Truth Touches Us

Lily Anagnospoulou

14 How Biosynthesis Enriched Our Lives

Tribute from Biosynthesis Therapists

### **OUR PRACTICE**

18 500 Days of the Primary Object Relationship

Genovino Ferri

24 Keeping the Body in Body Psychotherapy

Will Davis

36 Inhabiting the Body as Unitive Consciousness

Judith Blackstone

46 Touch and Affect Regulation

Bernhard Schlage

# TRAUMA WORK

57 The Present Moment, Trauma and Relational Psychotherapy

Homayoun Shahri

### INTERDISCIPLINARY APPROACH

66 Correspondence Between Phases and Elements in Transformational and Healing Processes Induced by Different Therapy Methods

Muriel Moreno

84 Body Psychotherapy in the Playroom

Jennifer L. Taylor

#### **BODY PSYCHOTHERAPY IN PANDEMIC TIMES**

96 Investigation of PTSD during the Coronavirus Epidemic

Xiao-Ge Liu, Wen-Tian Li, Fang Xiong, Lian-Zhong Liu, Ulrich Sollmann

105 Brief Treatment in an Emergency

Enrica Pedrelli

119 Time for Transformation and Creativity

Rubens Kignel

### **BODY PSYCHOTHERAPY AROUND THE WORLD**

124 The Development of Japanese Body Psychotherapy

Yasuyo Kamikura, Ryozo Shimizu

131 Applying the EABP Code of Ethics in Everyday Practice

Antigone Oreopoulou

## **BOOK REVIEWS**

144 The Elusive Self by Marcel Duclos

Adam Bambury

147 The Making of a Therapist & The Development of a Therapist by Louis Cozolino

Antigone Oreopoulou